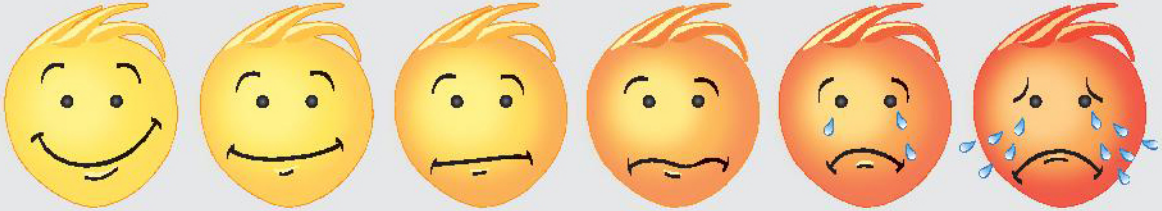POKAŻ MI JAK CIĘ BOLI